

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 5 (Warmup 11.55 - 12.55)

**Event 201S Female 12 & Over 50 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Prelims**

1	Morfey, Megan	12	Chepstow	35.86
2	Henderson, Darcy	12	Dinnaton	35.72
3	Morgan, Millie	12	Teddington	35.60
4	Owen, Gwen	13	Merthyr Tydf	35.50
5	Rowland, Scarlett	12	Neath	35.50
6	Jones, Aimee	12	Newton Abbot	35.71
7	Evans, Cadi	12	Swansea Aq	35.74
8	Jones, Jessica	12	Rct Squad	35.89

**Heat 2 of 7 Prelims**

1	Ryan, Mia	13	Rct Squad	35.45
2	Jones, Hunydd	13	Nofio S Gar	35.25
3	Thomas-Owen, Efa	12	NofioGwynedd	35.15
4	Cater, Laila	13	Dinnaton	35.10
5	Patterson, Hollie	13	Nofio S Gar	35.11
6	Jones, Efa	13	Co Cardiff	35.24
7	Simons, Georgia	13	Anaconda	35.41
8	Lee, Seol Lucy	12	Co Cardiff	35.50

**Heat 3 of 7 Prelims**

1	Jasper, Lily	12	Co Cardiff	35.00
2	Williams, Gwenno	13	NofioGwynedd	34.81
3	Goodman, Lola	13	Swansea Aq	34.76
4	McFarlane, Una	13	Pembs Cty	34.70
5	Hnoiana, Valentyna	12	Swansea Aq	34.73
6	Bloomer, Molly	12	Anaconda	34.79
7	Morgan, Evelyn	13	Nofio S Gar	34.90
8	Lewis-Jones, Idele	13	Wrexham	35.10

**Heat 4 of 7 Prelims**

1	Bozic, Sara	12	Hackney	34.45
2	Williams, Kiera	13	Conwy	34.29
3	Butler, Olivia	13	Bridgend SC	34.19
4	Williams, Daisy	12	Nofio Bangor	34.11
5	Cooksey-Owen, Ruby-Mae	13	Co Cardiff	34.19
6	Thurston, Rene	13	Newtown	34.20
7	Short, Amelia	13	NexusValleys	34.30
8	Williams, Paige	12	Swansea Aq	34.59

**Heat 5 of 7 Prelims**

1	Godovanuka, Sofia	12	Nuneaton	34.00
2	Pitt, Seren	12	Co Cardiff	33.43
3	McCooole-Jones, Elen	13	Ruthin	33.10
4	Williams, Layla	12	Newtown	32.70
5	Williams, Lili	13	Rct Squad	32.80
6	Morgan-Basini, Ruby-May	12	Merthyr Tydf	33.20
7	Byron-Daniel, Matilda	13	Co Hereford	33.61
8	Alsop, Maddison	13	Nuneaton	34.10

**Heat 6 of 7 Prelims**

1	Mustey, Elizabeth	13	Monnow	33.71
2	Galbraith, Evelyn	13	Haslemere	33.40
3	Jones, Lola-Grace	12	Torfaen D	33.00
4	Dash, Amelie	13	Pembs Cty	32.53
5	Fowkes, Amelia	13	Royal Wolv	32.80
6	Fowler, Maisie	13	Rct Squad	33.13
7	Sundsbo, Klara	13	Hackney	33.50
8	Griffiths, Jessica	13	Evesham	34.10

**Heat 7 of 7 Prelims**

1	Williams, Leah	13	NofioGwynedd	33.70
2	Gordon, Mabli	13	Co Cardiff	33.37
3	Mason, Eliza	13	EllesmereCSA	32.90
4	Mellor, Medi	12	Nofio Bangor	32.50
5	Meenagh, Mai Van	12	Co Cardiff	32.70
6	Tilley, Ella	13	Royal Wolv	33.13
7	Scotfield, Niamh	13	Rct Squad	33.48
8	Ballinger, Scarlett	13	Rhondda	34.06

**Event 202S Men 12 & Over 50 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Prelims**

1	Evans, Jake	12	Wrexham	35.91
2	Palmer, Oliver	12	Dinnaton	35.83
3	Palmer, Evan	12	Torfaen D	35.65
4	Neimanis-Kosarevs, D	12	Nuneaton	35.20
5	Watkins, Dylan	12	Torfaen D	35.61
6	Hughes, Freddy	12	NexusValleys	35.75
7	Noden, Rory	12	Pembs Cty	35.87
8	Bancroft, Theo	12	Monnow	35.99

**Heat 2 of 6 Prelims**

1	Morgan, Josh	12	Co Newport	34.20
2	Mills, Thomas	13	Nofio S Gar	34.07
3	Smith, Declan	13	Nofio S Gar	33.90
4	Bowles, Osian	13	Anaconda	33.63
5	Hayward, Harry	13	Nuneaton	33.80
6	Matsiko, Jerome	13	Mt Kelly	33.91
7	Hughes, Fraser	12	Rhondda	34.08
8	Lawrence, Nicholas	12	Nuneaton	35.10

**Heat 3 of 6 Prelims**

1	Williams, Dylan	13	Wrexham	33.30
2	Garnham, Sebastian	12	Teddington	33.00
3	Catchpole, Charlie	13	Anaconda	32.98
4	Duggan, Elliot	13	Bridgend Cty	32.11
5	Taylor, Nicholas	13	Torfaen D	32.51
6	Jones, Noah	13	Torfaen D	33.00
7	Zaharewicz, Rhys	13	Teddington	33.10
8	Han, Nathan	13	Kingston Roy	33.50

**Heat 4 of 6 Prelims**

1	Payne, Sebastian	13	Droitwich	31.30
2	Jenkins, Oliver	14	S Bournem'th	30.54
3	Braine, Tobias	14	Mt Kelly	30.20
4	Evans, Thomas	15	Kingston Roy	29.59
5	Miles, Harry	14	Co Cardiff	29.75
6	Roberts, Daniel	14	Billingham	30.50
7	Gilligan, Henry	14	Rct Squad	30.69
8	Woodrow, Leo	13	TauntonDeane	31.94

**Heat 5 of 6 Prelims**

1	Gruffydd, Ned	14	Co Cardiff	30.91
2	Elmes, Max	13	Nofio S Gar	30.54
3	Castillo, Airam	13	Co Cardiff	30.12
4	Willis, Kofi	15	Co Cardiff	29.50
5	Scholes, James	14	Haslemere	29.72
6	Jones, Sebastien	14	Torfaen D	30.50
7	Bastyan, Tobias-Luke	13	Torfaen D	30.60
8	Gregory, Jaiden	13	Co Cardiff	31.56

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 5 (Warmup 11.55 - 12.55)

**Heat 6 Prelims (#202S Men 12 & Over 50 SC Meter Butterfly)**

1	Davies, Blake	14	Co Cardiff	30.70	___
2	Jones, Jayden	13	Caerphilly	30.50	___
3	Williams, Thomas	14	Nofio S Gar	30.10	___
4	Winpenny, Dylan	14	Teddington	29.50	___
5	Brock, Freddy	15	Rct Squad	29.59	___
6	Duggan, Brandon	14	Co Cardiff	30.31	___
7	Powell, Xander	14	TauntonDeane	30.55	___
8	Hernandez Taylor, Boaz	13	Hackney	31.42	___

**Event 203S Female 12 & Over 400 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Prelims**

1	Godovanuka, Sofia	12	Nuneaton	5:15.71	___
2	Olszewska, Maya	12	Co Newport	5:15.04	___
3	Morgan, Millie	12	Teddington	5:12.45	___
4	Thomas-Owen, Efa	12	NofioGwynedd	5:08.92	___
5	McFarlane, Una	13	Pembs Cty	5:09.80	___
6	Fordham, Freya	12	Co Newport	5:14.50	___
7	West, Ffion	12	Nuneaton	5:15.68	___
8	Chauhan, Amber	12	Nofio Bangor	5:15.85	___

**Heat 2 of 4 Prelims**

1	Donaldson, Evie	12	Co Newport	5:06.19	___
2	Humphreys, Niamh	13	Royal Wolv	5:04.40	___
3	Davies, Isabella	13	Nofio S Gar	5:03.27	___
4	Alsop, Maddison	13	Nuneaton	5:01.00	___
5	Atkins, Amelia	13	Holywell	5:02.54	___
6	%Willis, Meghan S9	17	Torfaen D/1, 3, 5	5:03.98	___
7	Gordon, Mabli	13	Co Cardiff	5:05.70	___
8	Davies, Macy	12	Torfaen D	5:08.70	___

**Heat 3 of 4 Prelims**

1	Morgan, Evelyn	13	Nofio S Gar	4:58.44	___
2	Kindred, Ella	13	Co Hereford	4:55.28	___
3	Evans, Gwennan	14	Co Newport	4:53.30	___
4	George, Ellie	13	Rct Squad	4:52.30	___
5	McQuaid, Maria	13	Co Cardiff	4:53.19	___
6	Jones, Annabelle	14	Wrexham	4:53.58	___
7	Tilley, Ella	13	Royal Wolv	4:56.85	___
8	Smith, Sophie	13	Nuneaton	5:00.63	___

**Heat 4 of 4 Prelims**

1	Hill, Emma	13	Teddington	4:56.86	___
2	James, Josie Amy	14	Royal Wolv	4:54.18	___
3	Phillips, Emma	14	Teddington	4:53.29	___
4	Williams, Emilia	14	Guildford Ct	4:52.15	___
5	Allen, Isabel	13	Co Cardiff	4:52.34	___
6	Black, Caitlin	14	Billingham	4:53.31	___
7	McCavish, Cara	13	Farnham	4:56.50	___
8	Bates, Molly	13	Wrexham	4:59.58	___

**Event 204S Men 12 & Over 200 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Prelims**

1	Wright, Jack	12	Teddington	2:49.53	___
2	Hughes, Freddy	12	NexusValleys	2:47.03	___
3	Jones, Spencer	12	Wrexham	2:44.50	___
4	Samuel, Jake	13	Merthyr Tydf	2:40.19	___
5	Jadhav, Shlok	12	Mt Kelly	2:42.57	___
6	Tinsley, Vincent	12	Nuneaton	2:46.40	___
7	Alder, Thomas	12	Mt Kelly	2:48.40	___
8	Winpenny, Billy	12	Teddington	2:49.64	___

**Heat 2 of 4 Prelims**

1	Staskus, Daniel	12	Teddington	2:37.40	___
2	Davies, Ellis	13	Nofio S Gar	2:33.64	___
3	King, Ethan	12	Penyrheol	2:28.10	___
4	Braine, Tobias	14	Mt Kelly	2:26.36	___
5	Morgan, Charlie	14	Teddington	2:27.66	___
6	Shillingford, Tait	13	Royal Wolv	2:29.63	___
7	Hamer, Joe	13	Co Hereford	2:35.20	___
8	Garnham, Sebastian	12	Teddington	2:38.37	___

**Heat 3 of 4 Prelims**

1	Miguel-Easter, Ruben	13	Mt Kelly	2:36.60	___
2	Gregory, Jaiden	13	Co Cardiff	2:32.67	___
3	Powell, Xander	14	TauntonDeane	2:27.90	___
4	Burnell, Rory	13	Mt Kelly	2:26.04	___
5	Woodrow, Leo	13	TauntonDeane	2:27.57	___
6	Parfitt, Sebastian	14	Co Cardiff	2:28.95	___
7	Noden, Rory	12	Pembs Cty	2:34.53	___
8	Zaharewicz, Rhys	13	Teddington	2:38.30	___

**Heat 4 of 4 Prelims**

1	Iffland, Noah	13	Anaconda	2:35.23	___
2	Davies, Callum	13	Okehampton	2:31.96	___
3	Harwood, Jack	13	Pembs Cty	2:27.74	___
4	Hernandez Taylor, Boaz	13	Hackney	2:24.86	___
5	Duggan, Brandon	14	Co Cardiff	2:26.90	___
6	Linge, Reece	13	EllesmereCSA	2:28.24	___
7	Hayward, Harry	13	Nuneaton	2:34.36	___
8	Perrins, Taylor	12	Royal Wolv	2:37.82	___

**Event 205S Female 12 & Over 100 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Prelims**

1	Price, Seren-Louise	12	Nofio S Gar	1:20.94	___
2	Chauhan, Amber	12	Nofio Bangor	1:20.75	___
3	Pawlowski, Isabelle	12	Corby	1:20.01	___
4	Van Zyl, Kiara	12	Co Cardiff	1:19.61	___
5	Williams, Layla	12	Newtown	1:20.00	___
6	Evans, Cadi	12	Swansea Aq	1:20.45	___
7	Munslow, Seren	12	Monnow	1:20.86	___
8	%Philpott, Lowri S14	13	Nofio S Gar	1:49.40	___

**Heat 2 of 6 Prelims**

1	Williams, Daisy	12	Nofio Bangor	1:19.34	___
2	Griffiths, Ffion	13	Pembs Cty	1:18.89	___
3	McCavish, Cara	13	Farnham	1:18.66	___
4	Jones, Jessica	12	Rct Squad	1:18.47	___
5	Mustey, Elizabeth	13	Monnow	1:18.60	___
6	Custer, Bronte	12	Chase	1:18.76	___
7	Linley-Shaw, Elsa	12	Mt Kelly	1:19.23	___
8	Jones, Lola-Grace	12	Torfaen D	1:19.61	___

**Heat 3 of 6 Prelims**

1	Jasper, Lily	12	Co Cardiff	1:18.38	___
2	Kazmiruk, Anastasiia	13	Nofio S Gar	1:18.10	___
3	Thomas, Manisha	12	Anaconda	1:18.07	___
4	Henderson, Darcy	12	Dinnaton	1:17.96	___
5	Olszewska, Maya	12	Co Newport	1:17.98	___
6	Roberts, Bethan	12	Wrexham	1:18.07	___
7	Jones, Aimee	12	Newton Abbot	1:18.11	___
8	West, Ffion	12	Nuneaton	1:18.44	___

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 5 (Warmup 11.55 - 12.55)

**Heat 4 Prelims (#205S Female 12 & Over 100 SC Meter Backstroke)**

1	Thomas-Owen, Efa	12	NofioGwynedd	1:17.55	___
2	Lewis-Jones, Idele	13	Wrexham	1:15.83	___
3	Dash, Amelie	13	Pembs Cty	1:14.93	___
4	%Webb, Saskia S14	17	Pembs Cty	1:13.54	___
5	McCoole-Jones, Elen	13	Ruthin	1:13.94	___
6	Williams, Leah	13	NofioGwynedd	1:15.21	___
7	Fordham, Freya	12	Co Newport	1:16.59	___
8	McFarlane, Una	13	Pembs Cty	1:17.81	___

**Heat 5 of 6 Prelims**

1	Morgan-Basini, Ruby-May	12	Merthyr Tydf	1:17.03	___
2	Donaldson, Evie	12	Co Newport	1:15.80	___
3	Godovanuka, Sofia	12	Nuneaton	1:14.50	___
4	Cressey-Rodgers, G	14	Nofio S Gar	1:13.49	___
5	Chillingworth, Sienna	14	Mt Kelly	1:13.77	___
6	Thurston, Rene	13	Newtown	1:15.06	___
7	Williams, Poppy	13	Nofio Bangor	1:15.98	___
8	Jenkins, Elli	13	Swansea Aq	1:17.67	___

**Heat 6 of 6 Prelims**

1	Williams, Lili	13	Rct Squad	1:16.62	___
2	Alsop, Maddison	13	Nuneaton	1:15.40	___
3	Roberts, Rosie	12	Torfaen D	1:14.01	___
4	Ridgway, Megan	14	Nuneaton	1:13.44	___
5	Jones, Hunydd	13	Nofio S Gar	1:13.55	___
6	Williams, Paige	12	Swansea Aq	1:15.02	___
7	Sutton, Emily	13	NofioGwynedd	1:15.95	___
8	Gordon, Mabli	13	Co Cardiff	1:17.62	___

**Event 206S Men 12 & Over 100 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Prelims**

1	Marques-Jones, Felix	12	Nofio S Gar	1:29.70	___
2	Thomas, Wilf	12	Aberystwyth	1:27.56	___
3	Wynne, Jasper	12	Royal Wolv	1:26.41	___
4	Greenwalker, Wilfred	12	Teddington	1:25.70	___
5	Winzor, Oliver	12	Royal Wolv	1:26.21	___
6	Frampton, Rhydian	12	Miffield	1:27.51	___
7	Rodrigues Martins, F	12	Okehampton	1:28.58	___
8	Fogarty, Oliver	12	Pembs Cty	1:30.61	___

**Heat 2 of 4 Prelims**

1	Williams, Sion	13	Nofio Bangor	1:24.03	___
2	Weiland, Lennart	13	Teddington	1:19.62	___
3	Braine, Tobias	14	Mt Kelly	1:17.13	___
4	Bostock, Dyfan	14	Wrexham	1:13.70	___
5	Miles, Harry	14	Co Cardiff	1:16.51	___
6	Volausek, Noah	13	Co Cardiff	1:18.50	___
7	Lovell, Logan	13	Swindon Dolp	1:22.40	___
8	Timbrell, George	13	Co Newport	1:25.17	___

**Heat 3 of 4 Prelims**

1	Sekula, Mateusz	13	NexusValleys	1:23.78	___
2	Spruce, Noah	13	AbingdonVale	1:18.99	___
3	Phillips, Ioan	14	Neath	1:16.91	___
4	Nicolaou, Charlie	14	Mt Kelly	1:13.31	___
5	Warman-Powell, Ioan	14	Torfaen D	1:16.10	___
6	Stuart-Lavender, Jac	14	Nofio S Gar	1:17.90	___
7	Price-Clishem, Dyfan	13	NofioGwynedd	1:21.62	___
8	Miguel-Easter, Ruben	13	Mt Kelly	1:24.77	___

**Heat 4 of 4 Prelims**

1	Taylor, Nicholas	13	Torfaen D	1:23.30	___
2	Jones, Noah	13	Torfaen D	1:18.96	___
3	Bartram, Solomon	14	Bridgend Cty	1:16.87	___
4	Kershaw, Harvey	14	Mt Kelly	1:13.00	___
5	Murphy, Heath	13	Nuneaton	1:14.58	___
6	Catchpole, Charlie	13	Anaconda	1:17.75	___
7	Csoban, Benjamin	13	Co Newport	1:20.19	___
8	Short, Harley	13	Mt Kelly	1:24.51	___

**Event 207S Female 12 & Over 200 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Prelims**

1	%Soffe, Bronwyn SB9	12	Co Newport/12, +	3:58.80	___
2	McCavish, Cara	13	Farnham	3:12.09	___
3	Van Zyl, Kiara	12	Co Cardiff	3:11.32	___
4	Summerfield, Lucy	12	Nofio S Gar	3:10.57	___
5	Khinda, India	13	Teddington	3:11.07	___
6	Scales, Eve	12	EllesmereCSA	3:11.33	___
7	Roberts, Phoebe	12	Conwy	3:13.37	___
8	%Trevor, Caitlin SB14	21	Kingston Roy	4:19.17	___

**Heat 2 of 4 Prelims**

1	Madra, Victoria	13	Wrexham	3:10.20	___
2	Patterson, Hollie	13	Nofio S Gar	3:04.33	___
3	Mellor, Medi	12	Nofio Bangor	3:01.74	___
4	Jones, Isabella	14	Bridgend Cty	2:59.68	___
5	Reasons, Darcy	12	Torfaen D	3:00.89	___
6	Marsden, Phoebe	13	Conwy	3:03.08	___
7	Szymanska, Julia	13	Nuneaton	3:07.81	___
8	Pitt, Seren	12	Co Cardiff	3:10.50	___

**Heat 3 of 4 Prelims**

1	Dash, Amelie	13	Pembs Cty	3:08.70	___
2	Bozic, Sara	12	Hackney	3:03.85	___
3	Nazar, Antonia	13	Anaconda	3:01.66	___
4	Morgan-Basini, Roca-Jay	14	Merthyr Tydf	2:58.96	___
5	Lee, Seol Lucy	12	Co Cardiff	3:00.01	___
6	Bloomer, Molly	12	Anaconda	3:02.21	___
7	Humphreys, Niamh	13	Royal Wolv	3:05.83	___
8	Evans, Cadi	12	Swansea Aq	3:10.32	___

**Heat 4 of 4 Prelims**

1	Hall, Ellena	13	Pembs Cty	3:08.68	___
2	Williams, Lili	13	Rct Squad	3:03.70	___
3	Hayde, Olivia	14	Co Hereford	3:01.61	___
4	Coles, Mya	14	Co Newport	2:57.90	___
5	Graves, Abigail	14	Okehampton	2:59.81	___
6	Hughes, Tirion	13	Swansea Aq	3:01.97	___
7	%French, Eva SB9	17	Nuneaton/1, 3, 5	3:05.75	___
8	Smith, Sophie	13	Nuneaton	3:10.27	___

**Event 208S Men 12 & Over 200 SC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Prelims**

1	Hughes, Freddy	12	NexusValleys	2:54.00	___
2	Palmer, Evan	12	Torfaen D	2:53.16	___
3	Greenwalker, Wilfred	12	Teddington	2:51.70	___
4	Morgan, Josh	12	Co Newport	2:50.70	___
5	Noden, Rory	12	Pembs Cty	2:50.75	___
6	Subba, Ayan	12	Nuneaton	2:53.16	___
7	Lawrence, Nicholas	12	Nuneaton	2:53.88	___
8	%O'Reilly, McKenzie SM8	15	Torfaen D/A, 12+	3:25.00	___

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 5 (Warmup 11.55 - 12.55)

**Heat 2 Prelims (#208S Men 12 & Over 200 SC Meter IM)**

1	Hale, Oliver	13	Swansea Aq	2:45.13	___
2	Smith, Declan	13	Nofio S Gar	2:44.81	___
3	Zaharewicz, Rhys	13	Teddington	2:44.07	___
4	Winzor, Oliver	12	Royal Wolv	2:43.90	___
5	Garnham, Sebastian	12	Teddington	2:44.00	___
6	Rowntree, Tom	13	Co Hereford	2:44.42	___
7	Timbrell, George	13	Co Newport	2:44.95	___
8	Pope, Alexander	13	Teddington	2:45.16	___

**Heat 3 of 6 Prelims**

1	Staskus, Daniel	12	Teddington	2:43.20	___
2	Castillo, Airam	13	Co Cardiff	2:42.20	___
3	Williams, Sion	13	Nofio Bangor	2:41.86	___
4	Taylor, Nicholas	13	Torfaen D	2:41.30	___
5	Spruce, Noah	13	AbingdonVale	2:41.33	___
6	Csoban, Benjamin	13	Co Newport	2:42.20	___
7	Hayward, Harry	13	Nuneaton	2:42.68	___
8	Price-Clisshem, Dyfan	13	NofioGwynedd	2:43.35	___

**Heat 4 of 6 Prelims**

1	Jones, Jayden	13	Caerphilly	2:40.03	___
2	Payne, Sebastian	13	Droitwich	2:34.60	___
3	Giles, Brodie	14	Bridgend SC	2:33.35	___
4	Woodrow, Leo	13	TauntonDeane	2:32.10	___
5	Reece, Liam	14	Co Newport	2:32.98	___
6	Trapp, William	14	Mt Kelly	2:34.07	___
7	Duggan, Elliot	13	Bridgend Cty	2:37.23	___
8	Bastyan, Tobias-Luke	13	Torfaen D	2:40.34	___

**Heat 5 of 6 Prelims**

1	Weiland, Lennart	13	Teddington	2:37.57	___
2	Davies, Blake	14	Co Cardiff	2:34.39	___
3	Mathieson, Edward	14	Mt Kelly	2:33.17	___
4	Linge, Reece	13	EllesmereCSA	2:32.00	___
5	Parfitt, Sebastian	14	Co Cardiff	2:32.87	___
6	Hernandez Taylor, Boaz	13	Hackney	2:33.43	___
7	Gregory, Jaiden	13	Co Cardiff	2:37.10	___
8	Catchpole, Charlie	13	Anaconda	2:40.26	___

**Heat 6 of 6 Prelims**

1	Williams, Dylan	13	Wrexham	2:37.29	___
2	Guest, James	13	Royal Wolv	2:34.20	___
3	Jones, Noah	13	Torfaen D	2:33.15	___
4	Davies, Tom	14	Co Newport	2:31.82	___
5	Caldicott, Lewis	14	Co Newport	2:32.41	___
6	Morgan, Charlie	14	Teddington	2:33.37	___
7	Murphy, Heath	13	Nuneaton	2:34.61	___
8	Harwood, Jack	13	Pembs Cty	2:40.10	___

**Event 209 Men 12 & Over 800 SC Meter Freestyle**

Fastest 8 swimmers will swim  
in the FINALS session

Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 8 Finals</b>					
1	Morgan, Josh	12	Co Newport	10:53.27	___
2	Frampton, Rhydian	12	Millfield	10:49.90	___
3	Neimanis-Kosarevs, D	12	Nuneaton	10:47.01	___
4	Woodrow, Leo	13	TauntonDeane	10:24.70	___
5	Greenwalker, Wilfred	12	Teddington	10:45.39	___
6	Hughes, Freddy	12	NexusValleys	10:48.74	___
7	Subba, Ayan	12	Nuneaton	10:51.67	___
8	Dixon, Jamie	12	Mt Kelly	10:57.21	___

**Heat 2 of 8 Finals**

1	Jones, Spencer	12	Wrexham	10:20.42	___
2	Harwood, Jack	13	Pembs Cty	10:15.22	___
3	Iffland, Noah	13	Anaconda	10:12.04	___
4	Pope, Alexander	13	Teddington	10:07.77	___
5	Davies, Ellis	13	Nofio S Gar	10:11.64	___
6	Hayward, Harry	13	Nuneaton	10:13.31	___
7	Perrins, Taylor	12	Royal Wolv	10:19.70	___
8	Miguel-Easter, Ruben	13	Mt Kelly	10:23.17	___

**Heat 3 of 8 Finals**

1	Davies, Callum	13	Okehampton	9:56.10	___
2	Weiland, Lennart	13	Teddington	9:46.87	___
3	Trapp, William	14	Mt Kelly	9:41.31	___
4	Davies, Tom	14	Co Newport	9:39.44	___
5	Burnell, Rory	13	Mt Kelly	9:40.66	___
6	Garnham, Sebastian	12	Teddington	9:46.87	___
7	Zaharewicz, Rhys	13	Teddington	9:54.09	___
8	Bowles, Osian	13	Anaconda	9:58.02	___

**Heat 4 of 8 Finals**

1	Reece, Liam	14	Co Newport	9:34.93	___
2	Scholes, James	14	Haslemere	9:27.30	___
3	Winpenny, Dylan	14	Teddington	9:23.20	___
4	Jenkins, Oliver	14	S Bournem'th	9:17.95	___
5	Godden, Finlay	14	Nuneaton	9:18.53	___
6	Staskus, Daniel	12	Teddington	9:23.68	___
7	Caldicott, Lewis	14	Co Newport	9:31.97	___
8	Cavill, Jack	14	Co Cardiff	9:36.05	___

**Heat 5 of 8 Finals**

1	Leonard, Ewan	15	Conwy	9:14.97	___
2	Williams, Thomas	14	Nofio S Gar	9:11.60	___
3	Williams, Owen	15	Mt Kelly	9:10.41	___
4	Morgan, Charlie	14	Teddington	9:02.50	___
5	Thomas, Iolo	14	Neath	9:08.00	___
6	Davies, Brynley	14	Co Newport	9:11.08	___
7	Passos, Rafael	15	Nuneaton	9:11.80	___
8	Vong, Joshua	14	Co Newport	9:16.40	___

**Heat 6 of 8 Finals**

1	Twigger, Owen	15	Swansea Aq	9:00.42	___
2	Allinson-Rodrigues, J	16	Teddington	8:59.34	___
3	Davies, William	17	Co Newport	8:47.75	___
4	Flack, Oliver	17	Teddington	8:46.05	___
5	Morgan, Lewis	17	Bridgend Cty	8:47.00	___
6	Bruntlett, Theo	15	Nuneaton	8:50.58	___
7	Park, Reggie Samuel	14	Holywell	8:59.47	___
8	Bennett, Finley	15	Pembs Cty	9:00.69	___

**Heat 7 of 8 Finals**

1	Chapman, Nathan	20	Swansea Uni	8:41.91	___
2	Meggitt, Patrick	36	Co Hereford	8:39.59	___
3	Keers, Jack	15	Teddington	8:37.10	___
4	Adams, Max	20	Swansea Uni	8:26.58	___
5	Keeble, Alex	20	Swansea Uni	8:31.06	___
6	Galant Draysey, Lucas	16	Teddington	8:39.14	___
7	Lawson, Oliver	16	Co Cardiff	8:40.60	___
8	Adams, Fynn	15	Teddington	8:43.30	___

**Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024**  
**Meet Program - Session 5 (Warmup 11.55 - 12.55)**

**Heat 8 Finals - Swimming with Finals (#209)**

1	Parsons, Joseph	17	Co Cardiff	8:23.11	___
2	Clegg, Luke	19	Swansea Uni	8:20.12	___
3	Staines, Luca	20	Swansea Uni	8:12.82	___
4	Sargeant, Alexander	22	Swansea Uni	7:51.90	___
5	Trebilcock, Thomas	21	Swansea Uni	7:55.00	___
6	O'Brien, Joshua	19	Co Cardiff	8:20.10	___
7	Potter, Nathan	19	Bath Univ	8:22.34	___
8	Bamborough, Jack	16	Co Cardiff	8:23.30	___